

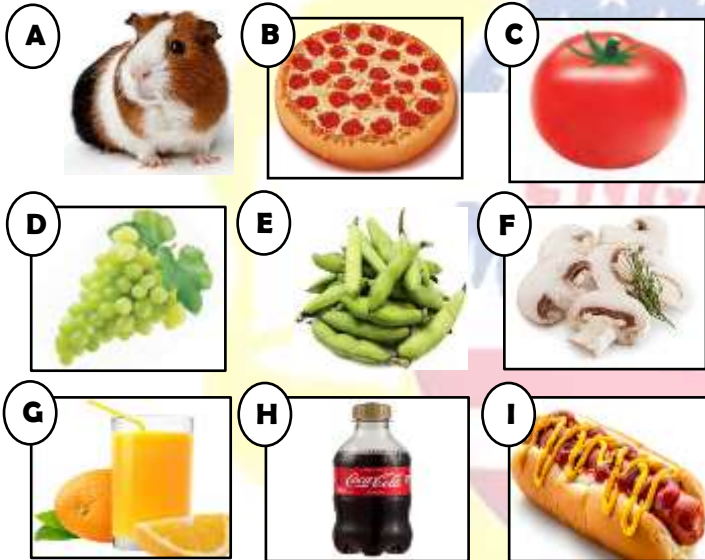
"DISCOVERING HEALTHY FOODS!"

COMPETENCIA	Se comunica oralmente en inglés como lengua extranjera.	Lo logré	Estoy en proceso	Necesito mejorar
PROPÓSITO	Los estudiantes interactúan oralmente identificando y clasificando alimentos saludables y no saludables, describiendo cantidades básicas, con el fin de reconocer y valorar la importancia de una alimentación balanceada.			
EVIDENCIA	Interacción oral en parejas donde describen y comparan alimentos saludables y no saludables.			
CRITERIOS DE EVALUACIÓN	- Comprende información oral sobre alimentos saludables y no saludables al escuchar audios y observar imágenes. - Expresa ideas con claridad usando frases completas para describir y clasificar alimentos. - Habla con pronunciación y entonación claras en interacciones sobre alimentación balanceada. - Utiliza gestos y expresiones faciales para reforzar el mensaje al describir alimentos saludables y no saludables.			

I LET'S OBSERVE:

1.- Match the food pictures with their names:

ORANGE JUICE () PIZZA () MASHROOMS ()
 BEANS () HOT DOG () SODA ()
 GUINEA PIG () GRAPES () TOMATO ()



HEALTHY FOOD

(Good food for your body)

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

UNHEALTHY FOOD

(Not good food for your body)

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

II LET'S LISTEN:

1.- Listen and complete with a, an, some, or any:

At the market, we buy ____ apple and ____ banana. They are healthy because they give us vitamins.
 We also buy ____ bread and ____ milk. They are healthy for breakfast.
 For lunch, we take ____ piece of chicken and ____ vegetables. They are healthy too.

But we don't take ____ soda or ____ chips, because they are unhealthy and have too much sugar and fat.
 Our basket is balanced because it has fruits, vegetables, milk, and chicken.

III LET'S UNDERSTAND:

1.- Read the sentences and write True (T) or False (F):

- a) They buy an apple and a banana at the market. ()
- b) They buy some bread and some milk for breakfast. ()
- c) They drink soda for lunch. ()
- d) They eat guinea pig and vegetables for lunch. ()
- e) Apples and bananas are healthy because of sugar ()
- f) Soda and chips are unhealthy. ()
- g) The family wants to eat balanced meals. ()

IV LET'S PRACTICE:

1.- Complete the dialogue with a / an – some – any:

A: Let's buy ____ apple and ____ loaf of bread.
 B: Good idea! Do we need ____ oranges?
 A: Yes, we need _____. They are healthy.
 B: What about soda? Do we need ____?
 A: No, we don't need _____. It's unhealthy.
 B: Okay. I prefer ____ apple to ____ chocolate bar because it gives vitamins and energy.
 A: And I don't want ____ soda because it is unhealthy.

V LET'S CREATE:

1.- Oral interaction, where you describe and compare healthy and unhealthy foods: